

Pacific Fono Report

7 – 8 July 2015

“It is an invaluable experience meeting with other Pacific Island facilitators as their knowledge having already been in the field assists me with my work.”

“Great learning today. Everything we did and practiced was very useful.”

“Very helpful session today in helping me with my accreditation preparation and learning ideas of how to manage talkative or challenging parents. Thank you. 😊”



www.werrycentre.org.nz

Contents

INTRODUCTION	3
THE EVALUATION.....	4
THE SURVEY QUESTIONNAIRE	4
DEMOGRAPHIC INFORMATION ABOUT RESPONDENTS	4
ANNUAL PACIFIC FONO (DAY 1) - FINDINGS.....	5
QUANTITATIVE RESULTS.....	5
QUALITATIVE RESULTS (DAY 1)	8
<i>Comments (Day 1)</i>	8
<i>Suggestions (Day 1)</i>	9
PACIFIC ACCREDITATION FONO (DAY 2) - FINDINGS	10
QUANTITATIVE RESULTS.....	10
QUALITATIVE RESULTS (DAY 2)	13
<i>Comments (Day 2)</i>	13
<i>Suggestions (Day 2)</i>	13
APPENDIX A – THE SURVEY QUESTIONNAIRE.....	15



Attendees at this years fono

Tables

TABLE 1 PROFESSION OF RESPONDENTS.....	4
TABLE 2 DHB AREAS FROM WHICH RESPONDENTS CAME	5
TABLE 3 TYPE OF SERVICES IN WHICH RESPONDENTS WORKED	5

Figures

FIGURE 1 THE EXTENT TO WHICH THE PROCESS WAS A 'GOOD FIT' FOR ME AS A PACIFIC IY GROUP LEADER (DAY 1).....	5
FIGURE 2 THE EXTENT TO WHICH MY CULTURAL KNOWLEDGE AND EXPERIENCE WAS RESPECTED AND UTILISED IN THIS FONO (DAY 1) 6	6
FIGURE 3 THE EXTENT TO WHICH THIS FONO WAS RUN IN A SUPPORTIVE WAY (DAY 1)	6
FIGURE 4 THE EXTENT TO WHICH THIS FONO WAS RUN IN A COLLABORATIVE WAY (DAY 1)	6
FIGURE 5 RESPONDENTS' KNOWLEDGE ABOUT IY ... (DAY 1)	7
FIGURE 6 RESPONDENTS' GROUP LEADER SKILLS ... (DAY 1)	7
FIGURE 7 RESPONDENTS' CONFIDENCE IN DELIVERING IY WITH FIDELITY ... (DAY 1).....	7
FIGURE 8 THE VALUE OF THE DAY AS A WHOLE (DAY 1)	8
FIGURE 9 THE EXTENT TO WHICH THE PROCESS WAS A 'GOOD FIT' FOR ME AS A PACIFIC IY GROUP LEADER (DAY 2).....	10
FIGURE 10 THE EXTENT TO WHICH CULTURAL KNOWLEDGE AND EXPERIENCE WAS RESPECTED AND UTILISED IN THIS FONO (DAY 2) . 10	10
FIGURE 11 THE EXTENT TO WHICH THIS FONO WAS RUN IN A SUPPORTIVE WAY (DAY 2)	11
FIGURE 12 THE EXTENT TO WHICH THIS FONO WAS RUN IN A COLLABORATIVE WAY (DAY 2)	11
FIGURE 13 RESPONDENTS' KNOWLEDGE ABOUT IY ... (DAY 2)	11
FIGURE 14 RESPONDENTS' GROUP LEADER SKILLS ... (DAY 2)	12
FIGURE 15 RESPONDENTS' CONFIDENCE IN DELIVERING IY WITH FIDELITY ... (DAY 2).....	12
FIGURE 16 THE VALUE OF THE DAY AS A WHOLE (DAY 2)	12

Introduction

Building on feedback from last years' fono, this 2015 Incredible Years Pacific Fono was a two-day event offered to all Pacific Group Leaders. The Fono was held in Auckland on 7th and 8th July 2015. The purpose and focus for each day is outlined below -

Annual Pacific Fono for all trained Pacific group leaders (day one):

- National update on IY for Pacific
- Pacific parents shared their experiences of IY
- Pacific group leaders shared their successes and highlights of delivering to Pacific
- Accredited Pacific group leaders shared some of their innovative practices in delivering to ethnic-specific Pacific parent groups
- Consideration of recommendations for future of IY for Pacific

Pacific Accreditation Fono for Pacific group leaders working towards accreditation (day two):

- Focus on Accreditation core competency areas
- Opportunity to share learnings and practice key skills with support from IYP mentor and accredited Pacific group leaders
- Opportunity to consider together ways to maintain program fidelity and be responsive to the needs of Pacific

This is a report of the evaluation findings from those days.



Accredited Group Leaders - Tavita Tofi and Tiama Solomona

The Evaluation

The survey questionnaire

The evaluation survey questionnaire was administered at the conclusion of each day.

The survey had three parts: a rating section to elicit quantitative data about each aspect of the day and a comments section to elicit qualitative data. These were followed by a section about demographics. A copy of the survey can be found in Appendix A.

There were 15 participants on the first day (7th July). Eleven people submitted an evaluation form providing a response rate of 73.3%.

There were 11 participants on the second day (8th July). Nine people submitted an evaluation form providing a response rate of 81.8%.

Demographic information about respondents

All participants identified as Pacific.

Table 1 Profession of respondents

Professions	Day 1 (n = 11)	Day 2 (n = 9)
Social Worker	4	3
Early Intervention Worker	3	1
Teacher	2	1
Family Therapist	1	1
Psychologist	1	
Health promoter	1	
Physical Activity Instructor	1	
Child protection worker	1	
10 different professional groups identified	1	
Family/Whānau Advisor	1	1
Youth Mentor		1
Other		1
Blank		1
Totals	<i>NB: Totals do not add to 'n's due to multiple responses</i>	

Table 2 DHB areas from which respondents came

DHB Areas	Day 1 (n = 11)	Day 2 (n = 9)
Auckland	4	3
3 DHBs (<i>Wairarapa, Hutt, Capital and Coast</i>)	3	3
Southern	1	2
Counties Manukau	1	1
South Canterbury	1	
Auckland/Waitemata	1	
Totals	11	9

Table 3 Type of services in which respondents worked

Service types	Day 1 (n = 11)	Day 2 (n = 9)
MoE	5	3
NGO	4	4
DHB	2	2
Totals	11	9

Annual Pacific Fono (Day 1) - Findings

Quantitative results

In the quantitative section of the survey, respondents were asked to rate different aspects of the day. The scale provided was 1-5 where 1 = 'Very Poor' and 5 = 'Very Good'.

The rating results are shown in the next figures.

Figure 1 The extent to which the process was a 'good fit' for me as a Pacific IY Group Leader (Day 1)

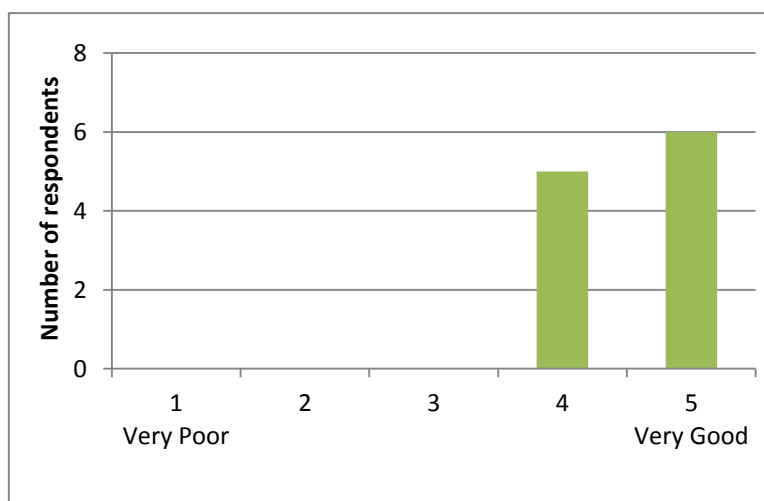


Figure 2 The extent to which my cultural knowledge and experience was respected and utilised in this fono (Day 1)

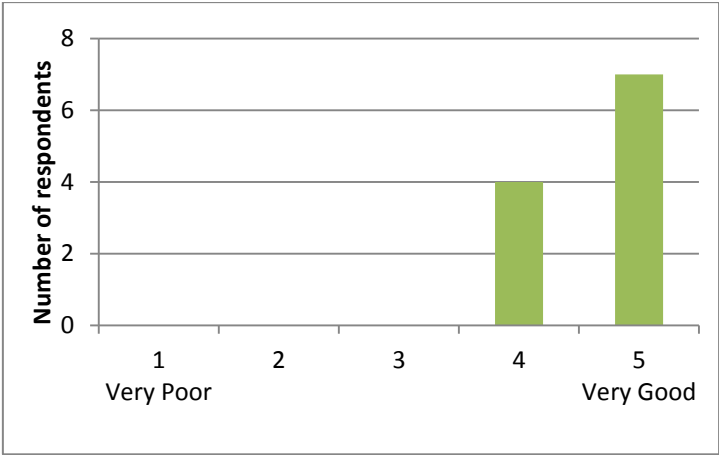


Figure 3 The extent to which this fono was run in a supportive way (Day 1)

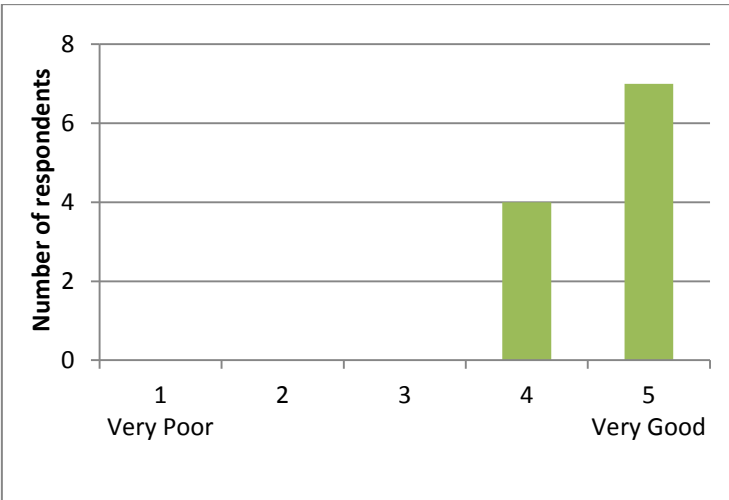


Figure 4 The extent to which this fono was run in a collaborative way (Day 1)

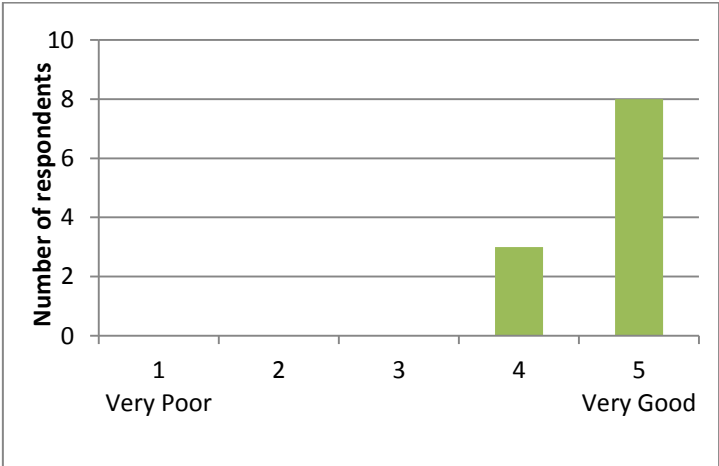


Figure 5 Respondents' knowledge about IY ... (Day 1)

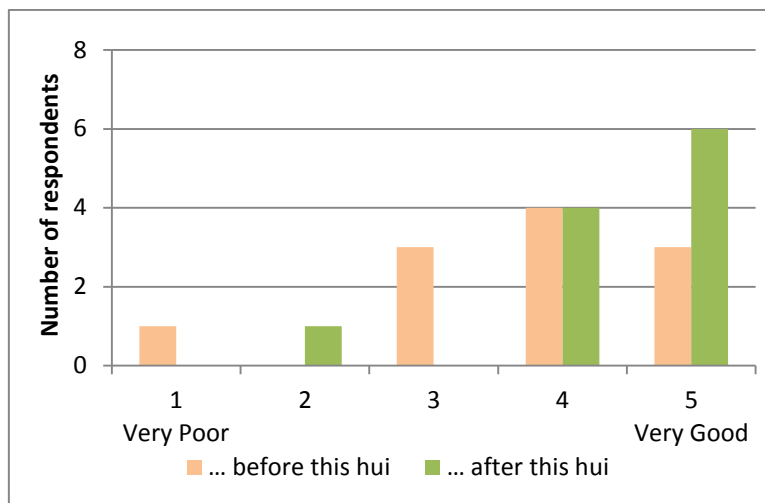


Figure 6 Respondents' Group Leader skills ... (Day 1)

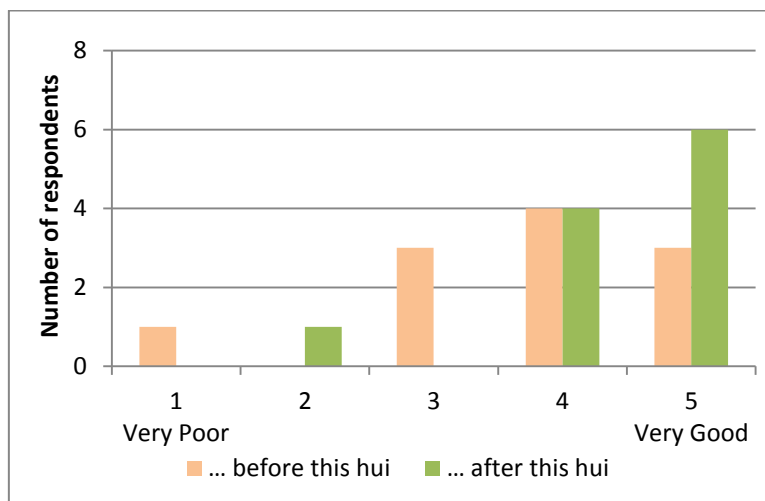


Figure 7 Respondents' confidence in delivering IY with fidelity ... (Day 1)

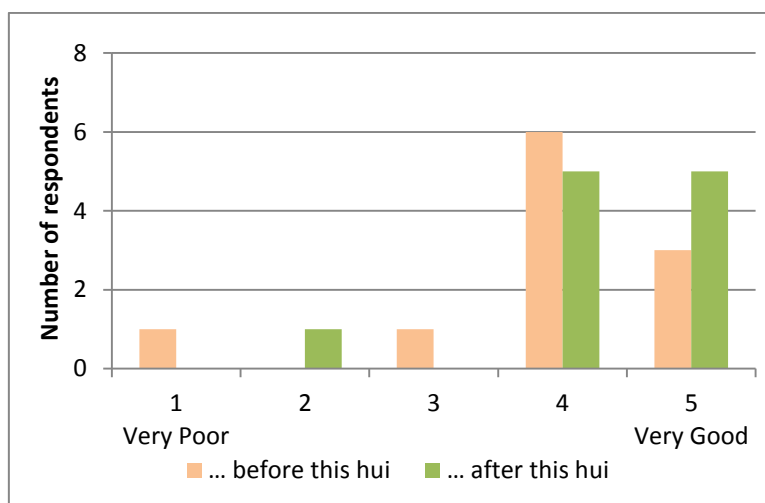
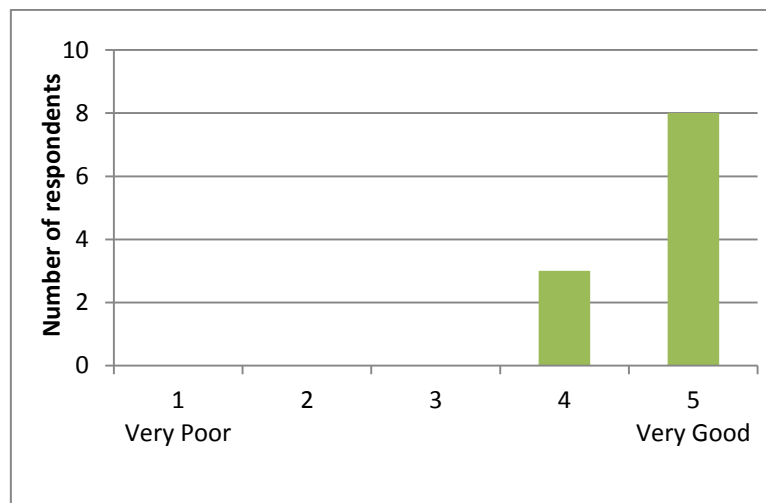


Figure 8 The value of the day as a whole (Day 1)



Qualitative results (Day 1)

Comments (Day 1)

All the comments about Day 1 were very positive.

The comments made most often related to the opportunities to share information and experiences with other participants.

“Great to share our experiences with new facilitators.”

“Valuable sharing of experiences, skills and knowledge.”

Particular appreciation was expressed about having the parents come to the group and share their experiences.

“Awesome having parents share their experiences in our Fono today. We need to have this at every Fono.”

The relaxed and comfortable atmosphere was also mentioned by several respondents.

“Non-discriminatory and cultural related.”

“Excellent loved the atmosphere!”

The facilitators and the material they presented were also highlighted.

“Passionate presentations and feedback to reflect on my delivery – diverse viewpoints were great.”

Some people were very grateful for the food.

Suggestions (Day 1)

There were few suggestions for improvement to Day 1. The main thrust was encouragement to continue these workshops – and to perhaps invite all facilitators in future.

“To continue yearly and to continue to invite all the facilitators.”

There were two calls to allow parents to talk about their own experiences in their own way in future.

“Let parents share their own stories/experiences of what they have learnt, doesn’t have to be perfect.”

There were also two requests for more sharing by facilitators about their accreditation journeys.

“More feedback from facilitators’ journey and helpful hints in going through accreditation process.”



Innovations used in group delivery that were shared by Pacific group leaders during the fono

Pacific Accreditation Fono (Day 2) - Findings

Quantitative results

In the quantitative section of the survey, respondents were asked to rate different aspects of the day. The scale provided was 1-5 where 1 = 'Very Poor' and 5 = 'Very Good'.

The rating results are shown in the next figures.

Figure 9 The extent to which the process was a 'good fit' for me as a Pacific IY Group Leader (Day 2)

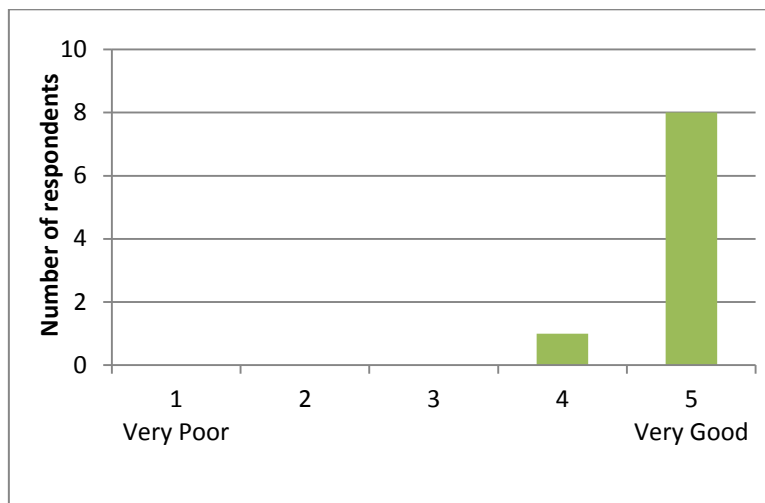


Figure 10 The extent to which cultural knowledge and experience was respected and utilised in this fono (Day 2)

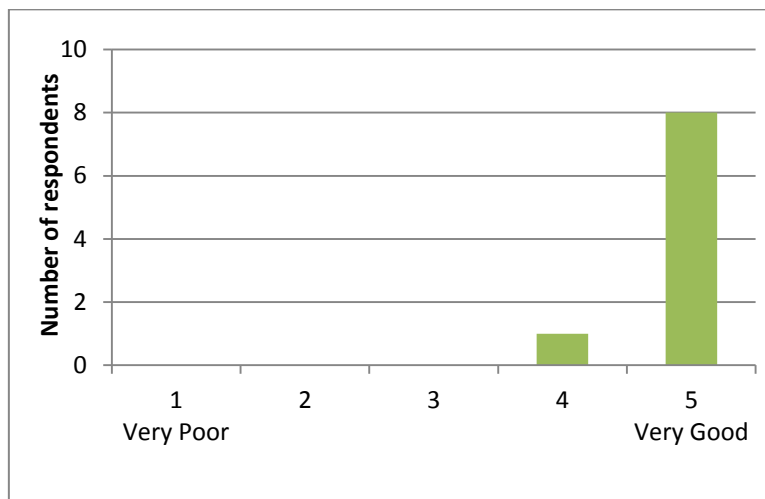


Figure 11 The extent to which this fono was run in a supportive way (Day 2)

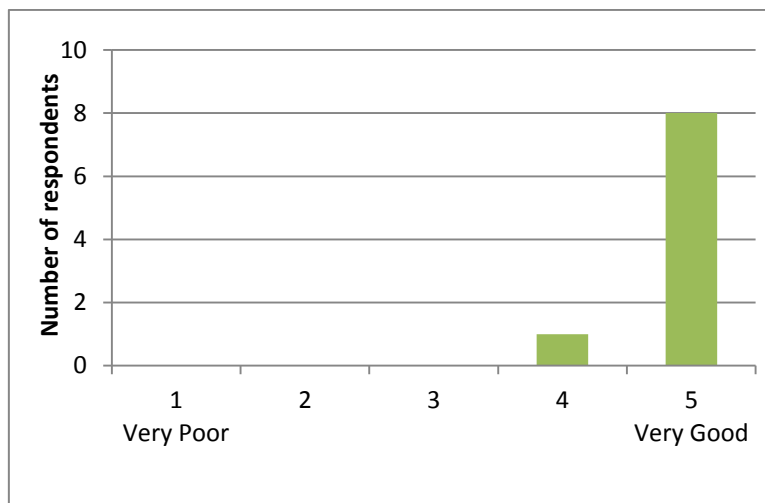


Figure 12 The extent to which this fono was run in a collaborative way (Day 2)

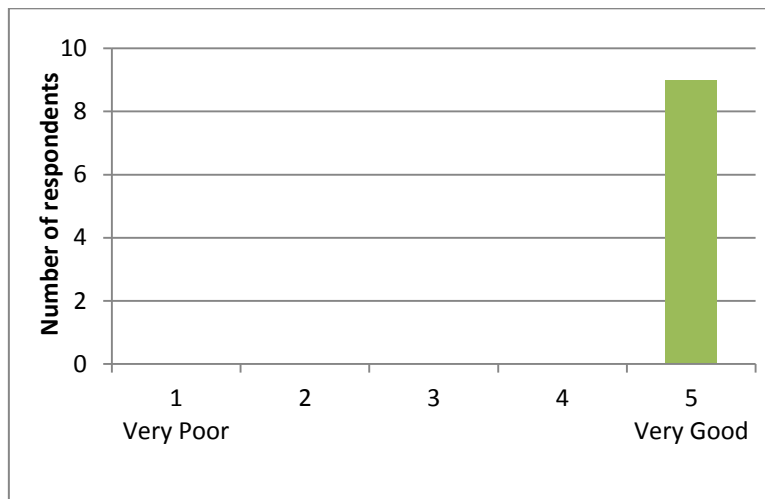


Figure 13 Respondents' knowledge about IY ... (Day 2)

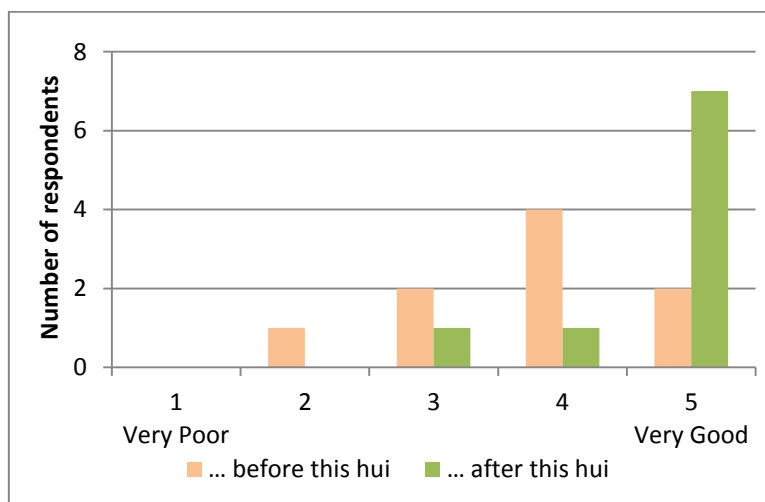


Figure 14 Respondents' Group Leader skills ... (Day 2)

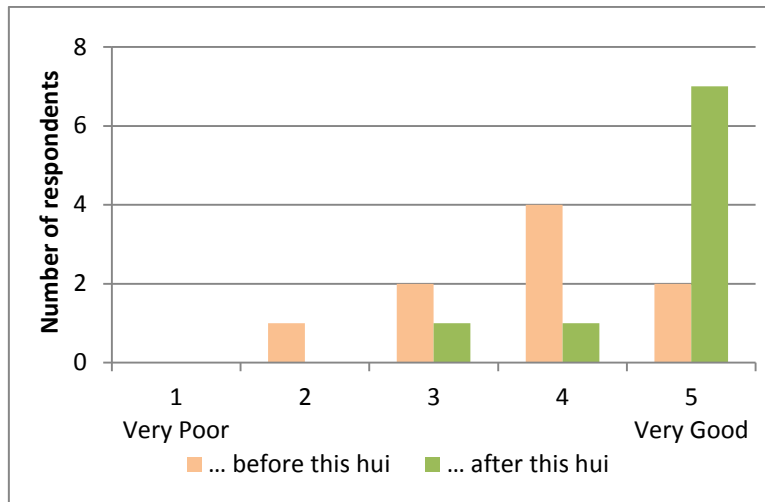


Figure 15 Respondents' confidence in delivering IY with fidelity ... (Day 2)

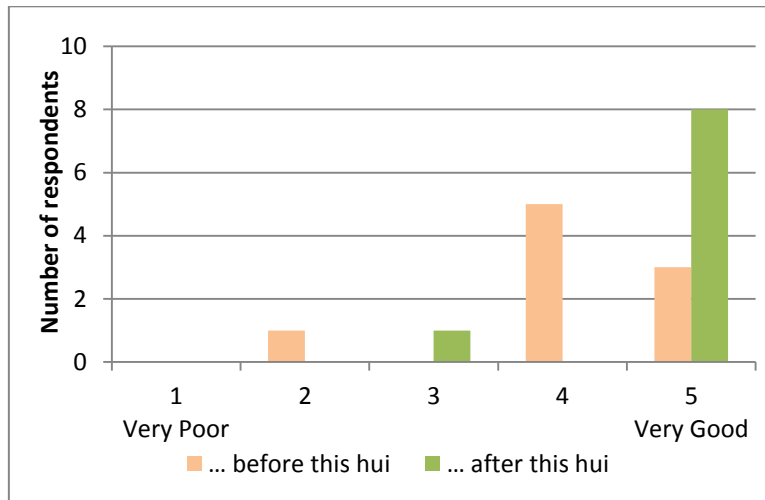
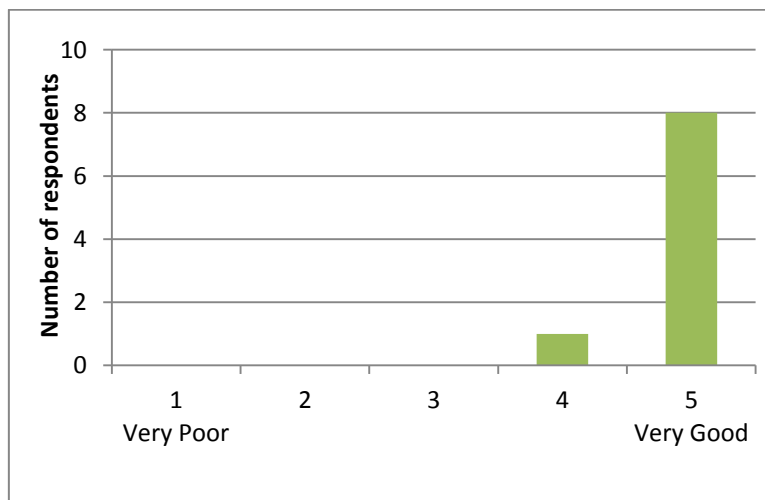


Figure 16 The value of the day as a whole (Day 2)



Qualitative results (Day 2)

Comments (Day 2)

All the comments about Day 2 of the event were very positive, mirroring the very positive quantitative results.

Almost half the respondents reported that they learned a great deal and that it was useful.

“Great learning today. Everything we did and practiced was very useful.”

“Opened my thinking in terms of different styles of delivery. Massive day today. Thank you Tania.”

A similar number of people talked about how important it was to share their experiences with others in the group and how enjoyable and valuable that was.

“Voicing and sharing my own service about IYP Pacific and ethnic specific in particular helps me to think a bit! about this very issue going forward.”

“It is an invaluable experience meeting with other Pacific Island facilitators as their knowledge having already been in the field assists me with my work.”

Respondents reported that the atmosphere created by the facilitator made it a highly enjoyable – and culturally-appropriate day.

“Great atmosphere, Tania was very sensitive to our cultural needs.”

“It was a fun ‘Fono’ as usual and the food was yum. Thank you.”

Suggestions (Day 2)

Most of the recommendations made in this section of the survey were for more regular workshops like this.

“To have more regularly - 2 day workshops. We appreciate sharing and networking, safety, energy as these things are rare.”

“More practice to do as a group. Need more Pacific Fono where we come together to share facilitation skills and practices of how to work together to support community.”

Others called for more Pacific facilitators to be included in future events.

“I would like to see more IY facilitators attending, next Fono. I would like to see more Pacific being trained as IY facilitators. We like a chance to come together and share our knowledge and cultural processes with IY and its delivery.”

Conclusions

Pacific-specific workshops are available for Pacific group leaders in addition to the range of workshops provided for all group leaders through The Werry Centre. This year's Incredible Years fono was provided as a two-day event with the first day focused on networking, updates and implementation highlights, and the second day being focused on the development of accreditation skills. Evaluation results show that the fono was highly successful in terms of the consistently positive feedback provided by participants regarding the benefit of these days.

These days were highly valued for the opportunity to:

- meet together to share the successes and explore the challenges experienced in delivering Incredible Years to Pacific
- network, connect and provide support to each other in a culturally responsive environment
- to be supported and inspired by accredited group leaders in the journey towards accreditation
- share the innovative Pacific-specific resources and strategies developed by Pacific group leaders in their delivery of this programme within their community
- to be guided by the experience and expertise of members of the IY Pacific Advisory Group
- explore together “what works best for Pacific” whilst adhering to programme fidelity.

The Werry Centre intends to continue to provide these fono, and will consult with the Pacific IY workforce and the Pacific Advisory Group to ensure these fono are informative, useful and culturally relevant.



Appendix A – The Survey Questionnaire

THE INCREDIBLE YEARS®

Ō AOTEAROA

Tuesday 7th July 2015

PACIFIC FONO EVALUATION FORM

IY Pacific Fono 7 th July 2015 - Auckland	Rating <i>(Please circle)</i>				
<i>Please rate the following aspects of this fono</i>	1 Very Poor 	2	3	4	5 Very Good 
The extent to which the <u>process</u> was a 'good fit' for me as a Pacific IY Group Leader	1	2	3	4	5
The extent to which my <u>cultural</u> knowledge and experience was <u>respected and utilised</u> in this fono	1	2	3	4	5
The extent to which this fono was run in a <u>supportive</u> way	1	2	3	4	5
The extent to which this fono was run in a <u>collaborative</u> way	1	2	3	4	5
My <u>knowledge</u> about IY <u>before</u> this fono	1	2	3	4	5
My <u>knowledge</u> about IY <u>after</u> this fono	1	2	3	4	5
My IY Group Leader <u>skills</u> <u>before</u> this fono	1	2	3	4	5
My IY Group Leader <u>skills</u> <u>after</u> this fono	1	2	3	4	5
My <u>confidence</u> in delivering IY with fidelity <u>before</u> this fono	1	2	3	4	5
My <u>confidence</u> in delivering IY with fidelity <u>after</u> this fono	1	2	3	4	5
The <u>value</u> of the day as a whole	1	2	3	4	5

Please add any comments you may have about the fono *(Please print clearly)*

Please add suggestions for future Incredible Years fono *(Please print clearly)*

To which ethnic group(s) do you belong? <i>(Please tick as many boxes as you need)</i>	
NZ European	
Māori	
Pacific	
Other <i>(please specify)</i>	

In what type of service(s) do you work? <i>(Please tick as many boxes as you need)</i>	
DHB	
NGO	
MoE	
Other <i>(please specify)</i>	

In which region do you work? <i>(Please tick as many boxes as you need)</i>					
3 DHBs		MidCentral		Waikato	
Auckland		Nelson Marlborough		Waitemata	
Bay of Plenty		Northland		Wanganui	
Canterbury		South Canterbury		West Coast	
Counties Manukau		Southern		Nationally	
Hawkes Bay		Tairāwhiti		Other <i>(please specify or add your city/town below)</i>	
Lakes		Taranaki			
Other <i>(please specify)</i>					

What is your professional group? <i>(Please tick as many boxes as you need)</i>			
Child Protection worker		Nurse (MH, School, RN)	
Clinical Placement/Intern		Occupational Therapist	
Counsellor		Psychiatrist	
Early Intervention Worker		Psychologist	
Family Support Worker		Psychotherapist	
Family Therapist		School Counsellor	
Family/Whānau Advisor		Social Worker	
Kaiāwhina/Kaiatawai		Teacher	
Kaumatua, Kuia		Whānau Ora Practitioner	
Mental Health Support Worker			
Other <i>(please specify)</i>			

Thank you, we appreciate your feedback. 😊